

West Virginia Asthma Coalition
Winter 2010 Quarterly Coalition Meeting
11 a.m.-3:30 p.m. Thursday, Feb. 25
Charleston Marriott Town Center

In Attendance

1. Amy Smith
2. Krista Capehart
3. Candace Vance
4. Amanda Pennington
5. Andrea Lauffer
6. Judy McGill
7. Charlotte Flanagan
8. Colleen Roshau
9. Nell Stuart
10. Sharon Hill
11. Lora Lipscomb
12. Cynthia Keely Wilson
13. Tonya Yablonsky
14. Amy West
15. Ron Easterly
16. Kali Motheramgari
17. Len Picha
18. Joan Skaggs
19. Chuck Menders
20. Gloria Umoh
21. Patty Deutsch
22. Tadd Haynes
23. Pat Kelly
24. Joy Schade
25. Geff Bergh
26. Ahmed Witten
27. Janet Allio
28. Amber Beegle
29. Jim Perrine
30. Mary Veloso
31. Debbie Droddy
32. Heidi Casdorff
33. Chantal Centofanti-Fields
34. Meg Moore
35. Brandon Lewis
36. Mary Emmett

Resources

Agenda, the American Lung Association Bike Trek Brochure, Welcome and About the West Virginia Asthma Coalition PowerPoint, Asthma Distance Education Program PowerPoint, Subcommittee Breakout Planning Sheet, Dangers of Exposure to Chemicals Used in Meth Labs handouts, Contamination Cloud: How It Spreads handout, National Protocol for Medical Evaluation of Children

Found in Drug Labs handouts, CNN Article “For Olympians and weekend warriors, winter sports can trigger asthma,” A State Plan for Addressing Asthma in West Virginia 2010-2014 handout, West Virginia Asthma State Plan Long-Term Outcome Indicators and Baseline Measures handout, and a Winter Quarterly Coalition Meeting Evaluation Form.

Minutes

Welcome and Introductions—Len Picha, WVAC President, and Meg Moore, WVAC Manager

Len Picha, President of the WVAC, presented a PowerPoint about the WVAC. He listed the goals, the driving force behind the WVAC (subcommittees), 2010-2014 Strategic Plan, components of care, general principles for the diagnosis and management of asthma, levels of evidence, NHLBI Asthma Guidelines, using concepts to manage asthma, and the mission and vision of the WVAC.

Using Distance Technology to Deliver Asthma Education to School Nurses in an Appalachian Area: ADEP (Asthma Distance Education Program)—Heidi Putman-Casdorph, PhD, RN, AE-C, Assistant Professor at WVU School of Nursing

Heidi Putman-Casdorph presented the Asthma Distance Education Program, addressing the purpose, objectives, statistics and background, barriers to school nurse continuing education, asthma education module (including examples of PowerPoint slides), instrument, the design of the study, results, discussion, conclusions, and limitations.

Subcommittee Breakout Session

Clinical Asthma Management—In Attendance: Chuck Menders, Colleen Roshau, Krista Capehart, Len Picha, Heidi Putman-Casdorph, Amy Smith, Nell Stuart. Spirometry outreach education program at Cabin Creek is the listed top strategic priority. Key actions include adding spirometry training for medical assistants at Cabin Creek, using the Breathe Well, Live Well Program. They also would like to implement the Asthma 101 Program for patients. The subcommittee requested a grant to purchase 100 Asthma 101 books and then evaluate. Adam Baus will be coordinating the next conference call.

Schools & Pediatrics—In Attendance: Joan Skaggs, Gloria Umoh, Geff Bergh, Patricia Kelly, Janet Allio, Ron Easterly, Ahmed Witten, Amanda Pennington and Andrea Lauffer. The top strategic priority stated by the group is reducing school absenteeism. Patti Reiniger, Solutions Consultant (Merck & Co., Inc.) will detail the project/program that was implemented last year in Kentucky for the subcommittee during a special meeting from 11:30 a.m.-1 p.m. Monday, March 15 at the American Lung Association in Charleston. The project implemented in Kentucky involved reducing emergency room visits; identifying asthma patients who hadn't been seen by primary care provider in nine months; involving public health officials, several schools; and using non-branded resources. In West Virginia, the group is very fortunate to have new members, Tricia Lally, DO, MPH as our pediatrician-champion, and Crystal Sheaves, CFNP volunteering to work with our group as we target school based clinics and the primary care clinic in the Rainelle area. Outcome measures of the project are to see if there was a decrease in emergency room visits and school absenteeism; confirmed cases of asthma; and get asthma action plans to school nurses. The subcommittee would like to partner with the data sharing subcommittee for evaluation, as well as, Cecil Pollard to use an electronic version of an asthma action plan.

Data Sharing—In Attendance: Sharon Hill, Tonya Yablonsky, Candace Vance, Tadd Haynes and Mary Emmett. The top strategic priority discussed in the session is to bring health plans together to establish an analysis plan for reporting costs of asthma in West Virginia. Running data to help determine criteria for analysis is the key action. The outcome measure is a list of data elements for analysis approved by all plans. The subcommittee suggested e-mailing subcommittee members about a possible face-to-face interim meeting about the project in Charleston.

Environmental Action—In Attendance: Cynthia Keely Wilson and Patty Deutsch. Key actions in the breakout session include discussion with Patty Deutsch about Asthma Friendly Business Award. Patty will be researching into qualifications of being an “Asthma Friendly Business” work site and any other businesses recognized as such elsewhere; look at Best Practices—how can we incorporate these into grading businesses? In addition, the subcommittee discussed the Wellness Council Luncheon on April 22 at the Bridgeport Conference Center, which will educate on tobacco and possibly incorporate asthma information and issues. The conference call is TBA.

Community Outreach & Education—Because of inclement weather, a great amount of the subcommittee was not present to discuss the project. However, they did review the proposal from the Craigsville Girls Scout Troop. The conference call is TBA.

Methamphetamine Lab Effects on Children—Brandon Lewis, Program Coordinator, WV Office of Environmental Health Services

Dangers of exposure to chemicals used in meth labs—volatile organic compounds (VOCs) that are in the form of explosives, acids, bases, metals, and chemical salts can cause many harms to people. Exposure to VOCs may cause nose and throat irritation, headaches, dizziness, nausea, vomiting, confusion and breathing difficulties. Acids and bases may cause a burning sensation on skin and mucous membranes. Metals and salts can cause respiratory infection, decreased mental function, anemia, kidney damage and birth defects. Benzene is a VOC known to cause cancer, and lead and mercury are very hazardous and often found in meth waste. Testing for contamination—since there are so many ways to make meth, each situation may be different. Identifying which method was used may help identify hazards. No clean-up levels currently exist for many chemicals associated with meth labs. A risk assessment may be necessary to evaluate the potential for exposure on a case-by-case basis. Until proper, professional clean-up has occurred, no one should enter the area without appropriate personal protective equipment. Lewis also discussed the contamination cloud of meth and how it spreads, as well as, the national protocol for medical evaluation of children found in drug lab.

West Virginia Asthma Education and Prevention Program Updates—Cynthia Keely Wilson, Program Manager

Cynthia Keely Wilson discussed the State Plan for Addressing Asthma in West Virginia from 2010-2014, as well as, the long-term outcome indicators and baseline measures. She also discussed the Standing Rules document which is being formed by the Executive Subcommittee. One of the standing rules that is being created is: “Only members who are in good standing will be provided a room at the annual

retreat. A member in good standing is a member who has attended at least one quarterly meeting and two conference calls, or has been considered to be in good standing by an executive subcommittee majority vote.” The West Virginia Asthma Coalition Blog, Facebook Fan Page and Twitter account were presented to the coalition members.

Closing Remarks—Meg Moore, WVAC Manager

- WV Public Library Media Kits for Asthma Awareness Month
 - April 19
- World Asthma Day
 - Monday, May 3, Charleston Town Center Mall
- Spring Quarterly Meeting
 - Tuesday, May 4, Bridgeport Conference Center
- Community Day at Appalachian Power Park
 - Tuesday, May 18
- Asthma Awareness Month Display Table
 - 10 a.m.-2 p.m. Friday, May 21, Huntington Mall
- Camp Catch Your Breath
 - July 24-30
- Annual Retreat
 - Aug. 12-13, The Resort at Glade Springs
- Asthma Friendly School Awards
- Asthma Friendly Businesses
- Panera Bread site visits