

Inhaled Medication with a Dry Powder Inhaler (DPI)

Several medicines for chronic lung diseases like Asthma or COPD are delivered in a dry powder inhaler. Since the medicines are dry powder, they must be delivered in a special inhaler and cannot be used with a spacer. When you inhale fast enough the medicine is released from the inhaler into your lungs.

Be sure to use the medication only as prescribed. Do not share your medications with others. If you have questions concerning the use, frequencies, or other issues of your medication, consult your physician and/or your pharmacist.

The basic technique for using a dry powdered medication is:

1. Prepare the Dry Powder Inhaler (refer to manufacturer's directions or consult your pharmacist)
2. Exhale all air from your lungs
3. Put the mouthpiece in your mouth
4. Breathe in VERY Quickly

Dry powder inhalers include:

- Aerolizer®
- Diskus®
- Flexhaler®
- Handihaler®
- Rotahaler®
- Turbuhaler®
- Twisthaler®

