



**West Virginia Asthma Coalition  
Winter Quarterly Meeting  
Thursday, February 24<sup>th</sup>, 2011  
11:00am-12:30pm  
Webinar**

**Spring 2011 Webinar Attended  
By:**

Adam Baus
Kathy Danberry
Cecil Pollard
Chantal Fields
Charlotte Flanagan
Christine Compton
Chuck Menders
Colleen Roshau
Cynthia Keely-Wilson
Heidi Putnam-Casdorph
Jeanne Chandler
Joan Skaggs
Krista Capehart
Len Picha
Linda Mitchell
Lindsay Elkins
Lora Lipscomb
Marie Gravely
Mary Beth Timko
Nell Stuart
Patty Deutsch
Paula Fields
Rich Zorick
Sharon Hill
Trisha Lally
Trisha Petite

**Minutes**  
*Overview*

Lindsay Elkins provided a welcome and introduction to the webinar group. The webinar was introduced as being a trial presentation and thorough feedback was requested from participants at the end of the presentation. Lindsay Elkins continued to brief the webinar group on the overall points that would be touched on throughout the session. Len Picha was introduced by Lindsay Elkins to welcome participants as the WVAC President and to provide information on updates to the Standing Rules and By-laws of the WVAC.

#### *WVAC Organizational By-law Changes*

Len Picha addressed the webinar group about changes that have been implemented in the Standing Rules and By-laws for the WVAC. Len provided a background of the WVAC Mission and Vision, as well as the overarching goals of the organization. Changes to the By-laws that were highlighted in the webinar meeting include the following:

- Article IV: Meetings – Deleted Data Sharing Committee
- Article VI: Executive Committee – Added AEPP Program Coordinator
- Article IX: Committees – Deleted Data Sharing, Chairperson will serve a term of one (1) year, Added AEPP Program Coordinator to Executive Committee,

A brief overview of the subcommittees was also provided.

The major change highlighted for the standing rules included the following:

“Only members who are in good standing may be provided an overnight stay/room at the annual retreat provided by the WVAC. A member in good standing is a member who has attended at least one quarterly meeting and two conference calls in an activity year, or has been considered to be in good standing by an Executive Committee majority vote. (Providing overnight accommodations are not a guarantee of WVAC membership).”

In closing this portion, Len also reiterated the Mission and Vision of the WVAC, as well as covered Benchmarks of Good Asthma Control.

#### *Tips for Grant Applications: Universal Rules for Success*

Lindsay Elkins introduced Chantal Centofanti-Fields of the American Lung Association in West Virginia to present on the best-practices of grant writing. Chantal has an extensive background in successful grant writing and provided insight on successful tips. (See attached PowerPoint for tips and detailed information.) Along with these helpful tips, Chantal also provided a FAQ section which highlighted the best way to find grants, how long proposals for grants should be, information about statistical data, and “double-dipping”. Please review the attached document for places to acquire grant information and how to write strong grant proposals. Please feel free to contact Chantal if you are writing a grant and need assistance.

#### *Respiratory Rally*

Christine Compton of the American Lung Association and Krista Capehart of the University of Charleston School of Pharmacy presented on the upcoming Respiratory Rally to be held at the University of Charleston School of Pharmacy on June 11, 2011. The Respiratory Rally is a one-day conference for people with lung disease, their caregivers, and health professionals. Organizers for this event include the following:

- American Lung Association
- Accredo Health
- Alpha-1 Foundation
- Cabell-Huntington Hospital
- Charleston Area Medical Center
- St. Francis Hospital
- St. Mary's Medical Center
- University of Charleston's School of Pharmacy
- West Virginia Asthma Coalition
- West Virginia Asthma Education and Prevention Program
- West Virginia Bureau of Senior Services

There will be two tracks for the Respiratory Rally. One track will focus on patients and caregivers needs and will have guest speakers focused on those areas and the other will be a track for healthcare providers. If you are interested in presenting at the Respiratory Rally, please review the attached PowerPoint for topics of discussion and contact Christine Compton at [ccompton@lunginfo.org](mailto:ccompton@lunginfo.org). Sponsorship packages are also available for this event if you are interested in presenting for your company or organization. Also contact Christine Compton at [ccompton@lunginfo.org](mailto:ccompton@lunginfo.org) for sponsorship opportunities.

Krista Capehart provided insight on the Health/Wellness Fair that will take place throughout the Respiratory Rally. Students and healthcare providers will be providing testing opportunities for those interested throughout the day. In the past, testing opportunities have included blood sugar, body mass index, heart health, bone density, and more.

#### *Subcommittee Updates*

Due to the nature of this Quarterly Meeting, subcommittees did not have the opportunity to convene and discuss projects. However, Lindsay Elkins provided updates on each subcommittee which included the following:

#### **Clinical Asthma Management**

Clinical Asthma Management was the only subcommittee proposal submitted for project funding. The subcommittee will continue to expand upon the 2009 and 2010 activities by working with the Cabin Creek Health Center and further expand the project's goals for spirometry outreach to WV primary care centers. For further detail and information on this project, please contact Lindsay Elkins at [lkins@lunginfo.org](mailto:lkins@lunginfo.org), Adam Baus at [abaus@hsc.wvu.edu](mailto:abaus@hsc.wvu.edu), or Susie Criss at [Susie.Criss@pihn.org](mailto:Susie.Criss@pihn.org).

#### **Environmental**

The Environmental subcommittee is finalizing criteria on the "Asthma Friendly Business Awards". Contact Patty Deutsch at [patty.deutsch@wcwv.org](mailto:patty.deutsch@wcwv.org) for details or if you would like to add/discuss criteria for the awards.

#### **Community Outreach and Education**

The subcommittee developed an "information request card" to be used at health fairs and other functions to provide information about the WVAC and also gain information about public

wants/needs for asthma education. This information card allows individuals to sign up for coalition emails and other information.

### **Schools & Pediatrics**

This subcommittee has been working with the Asthma-Friendly Schools Initiative (AFSI). This position is currently without a chairperson and transition into this role is likely in the near future. For more information about this subcommittee, please contact Lindsay Elkins at [lelkins@lunginfo.org](mailto:lelkins@lunginfo.org).

### *Upcoming Dates & Closing Remarks*

Please mark your calendars for these upcoming dates:

- April 1: Spring Newsletter Released
- April 1: Asthma-Friendly School Award Nominations Due
- May 3: World Asthma Day
- May 12: Spring Quarterly Meeting, Beckley
- June 11: Respiratory Rally
- July 25-29: Camp Catch Your Breath
- August 10-11: WVAC Annual Retreat, Charleston

Additionally, participants in the webinar were asked to complete a survey regarding the format of the webinar and the evaluation of the speakers. That data has been gathered and will be reviewed.